CONTROL OF PORE SIZE AND STRUCTURE OF TISSUE ENGINEERING SCAFFOLDS PRODUCED BY SUPERCRITICAL FLUID PROCESSING

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Abstract

Tissue engineering scaffolds require a controlled pore size and structure to host tissue formation. Supercritical carbon dioxide (scCO₂) processing may be used to form foamed scaffolds in which the escape of CO₂ from a plasticized polymer melt generates gas bubbles that shape the developing pores. The process of forming these scaffolds involves a simultaneous change in phase in the CO, and the polymer, resulting in rapid expansion of a surface area and changes in polymer rheological properties. Hence, the process is difficult to control with respect to the desired final pore size and structure. In this paper, we describe a detailed study of the effect of polymer chemical composition, molecular weight and processing parameters on final scaffold characteristics. The study focuses on poly(DL-lactic acid) (P_{DL}LA) and poly(DL-lactic acid-coglycolic acid) (PLGA) as polymer classes with potential application as controlled release scaffolds for growth factor delivery. Processing parameters under investigation were temperature (from 5 to 55°C) and pressure (from 60 to 230 bar). A series of amorphous P_{DL}LA and PLGA polymers with various molecular weights (from 13 KD to 96 KD) and/or chemical compositions (the mole percentage of glycolic acid in the polymers was 0, 15, 25, 35 and 50 respectively) were employed. The resulting scaffolds were characterised by optical microscopy, scanning electron microscopy (SEM), and micro X-ray computed tomography (μCT) . This is the first detailed study on using these series polymers for scaffold formation by supercritical technique. This study has demonstrated that the pore size and structure of the supercritical $P_{DL}LA$ and PLGA scaffolds can be tailored by careful control of processing conditions.

Key Words: poly(DL-lactic acid) ($P_{DL}LA$), poly(lactic acidco-glycolic acid) (PLGA), supercritical carbon dioxide (scCO₂), plasticization, foaming, scaffolds

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Introduction

In tissue engineering, a porous scaffold is required to act as a template and guide for cell proliferation, differentiation and tissue growth. Scaffolds may also act as controlled release devices that deliver growth factors with rates matching the physiological need of the regenerating tissue (Langer, 1998). Poly(lactic acid) (PLA) and associated poly(lactic acid-co-glycolic acid) (PLGA) copolymers are commonly used biodegradable polymers for fabricating tissue engineering porous scaffolds. PLGA copolymers with various polymer compositions (the ratio of lactic acid and glycolic acid content in the polymer) degrade at different rates. Therefore, it is of great interest using PLGA copolymers to make scaffolds for various applications. These polymers degrade in vivo and eventually disappear at a desired rate while the native tissues grow and the degradation residues are discharged through rental filtration. Moreover, the release of encapsulated growth factors from these materials depends on both diffusion and degradation.

Common scaffold fabrication techniques include solvent casting/salt leaching (Lu et al., 2000; Murphy et al., 2002), moulding/salt leaching (Hou et al., 2003; Sosnowski et al., 2006) and gas foaming agent/salt leaching (Kim et al., 2006; Nam et al., 2000). These conventional methods require the use of organic solvents and/or elevated processing temperatures which can prohibit their use in the preparation of growth factor loaded scaffolds. Additionally, the salt leaching process may lead to the removal of a proportion of the growth factor dose during prolonged leaching (Hutmacher, 2000). To overcome these limitations, carbon dioxide (CO_2) has been used as a plasticiser and foaming agent to form threedimensional (3-D) scaffolds (Barry et al., 2004; Barry et al., 2006; Harris et al., 1998; Hile et al., 2000; Hile and Pishko, 2004; Howdle et al., 2001; Mooney et al., 1996; Quirk et al., 2004; Singh et al., 2004; Watson et al., 2002; Yang et al., 2004). CO, is inexpensive, non-toxic and nonflammable and readily available in high purity from a variety of sources. Supercritical carbon dioxide, scCO₂, $(T_c = 31.1 \degree C, P_c = 73.8 \text{ bar})$ has the combination of gaslike diffusivity and liquid-like density, which makes scCO₂ a unique medium for polymer synthesis and polymerprocessing (Cooper 2001; Tomasko et al., 2003; Woods et al., 2004). The addition of small amounts of compressed CO₂ to polymer phases can result in substantial and

Polymers	Resource	Form	Composition (L:G)	Inherent viscosity (dL/g)	M _w ^a (KD)	PDI ^b	${{T_{g,DSC}}^c}^c$ (°C)
$P_{DL}LA(52K)$	Purac	Granular	100:0	0.52	52	1.87	46.9
PLGA 85:15(15K)	Lakeshore	Pellet	85:15	0.18	15	1.76	40.2
PLGA 85:15(39K)	Lakeshore	Pellet	85:15	0.41	39	1.81	49.2
PLGA 85:15(77K)	Lakeshore	Pellet	85:15	0.63	77	1.70	48.6
PLGA 85:15(96K)	Lakeshore	Pellet	85:15	0.73	96	1.70	49.5
PLGA 75:25(13K)	Resomer	Fine powder	75:25	0.16-0.24	13	1.89	37.6
PLGA 75:25(72K)	Resomer	Fine powder	75:25	0.5-0.7	72	1.75	50.4
PLGA 65:35(52K)	Lakeshore	Granular	65:35	0.5	52	1.69	49.1
PLGA 65:35(82K)	Lakeshore	Granular	65:35	0.66	82	1.69	43.6
PLGA 50:50(53K)	Resomer	Fine powder	50:50	0.55	53	1.59	47.0

Table 1: P_{DI}LA and PLGA polymer characteristics.

^{a.}Weight average molecular weight, determined by GPC; ^{b.}Polydispersity, determined by GPC; ^{c.}Glass transition temperature, determined by DSC.

dramatic changes in the physical properties, including viscosity, permeability, interfacial tension and glass transition temperature (T_g) . Mooney *et al.* (1996) formed PLGA scaffolds (the mole ratio of lactic acid and glycolic acid (L/G) was 50:50) by a CO₂ pressure quenching method. The preformed PLGA polymer discs were saturated in CO₂ at a pressure of 55 bar and ambient temperature (20-23°C) for a prolonged time (48 to 72 hours). This was followed by a rapid depressurisation (e.g. seconds). The foams produced had pores of approximately 100 μ m in diameter and porosities up to 93%, but had low interconnectivity. It was further reported that the combination of CO₂ gas foaming and salt leaching technique (GF/SL) led to scaffolds with open pore structures (Harris et al., 1998; Riddle and Mooney, 2004). Subsequently, PLGA copolymers with various compositions, L/G ratios of 85:15, 75:25, 65:35 and 50:50, were employed to fabricate porous scaffolds by the GF/ SL technique for the controlled delivery of vascular endothelial growth factor (VEGF) (Murphy et al., 2000; Sheridan et al., 2000), DNA (Jang and Shea, 2003) and as a support for 3-D culture of cells (Quirk et al., 2004). Pishko and co-workers (Hile et al., 2000; Hile and Pishko, 2004) also produced PLGA (L/G ratio as 80:20 and 65:35) scaffolds using water-in-solvent emulsion (aqueous protein phase and organic polymer solution phase) via a CO₂ pressure quenching method at conditions in the supercritical region (35°C, 80 bar) for a prolonged saturation time (24 hours) to deliver basic fibroblast growth factor (bFGF).

By contrast, we have developed a single step supercritical carbon dioxide (scCO₂) foaming process using polymer powder samples to generate porous scaffolds (Howdle *et al.*, 2001). This novel scCO₂ foaming process has been carried out at high pressure (170-230 bar) and short soaking times (0.5-2 hours) with a controlled venting rate (venting time between 2 minutes and 2 hours) at 35°C (Barry *et al.*, 2004; Barry *et al.*, 2006; Howdle *et al.*, 2001; Quirk *et al.*, 2004; Watson *et al.*, 2002; Yang *et al.*, 2004). The produced scaffolds with an interconnected porous structure (pore size *ca.* 200-500 µm and porosity *ca.* 60 -80 %) have been studied for growth factor and gene delivery. For example, bone morphogenetic protein 2 (BMP-2) has been encapsulated into $P_{DL}LA$ scaffolds for bone tissue engineering by this supercritical fluid mixing and foaming technique (Yang *et al.*, 2004). Bone formation was observed due to the release of the osteoinductive protein BMP-2 from $P_{DL}LA$ scaffolds both *in vitro* and *invivo* (Yang *et al.*, 2004; Yang *et al.*, 2006). These scaffolds have also been used to study adenoviral gene transfer into primary human bone marrow osteoprogenitor cells (Partridge *et al.*, 2002; Howard *et al.*, 2002). Recently, polyamidoamine (PAA)/DNA complexes have been incorporated into supercritical $P_{DL}LA$ scaffolds; these exhibited a slow release and extended gene expression profile (Heyde *et al.*, 2007).

Scaffolds with a desired pore size, porosity and interconnectivity are required by various tissue engineering applications because the pore structure strongly influences cell growth and drug release profile. However, the process of forming scaffolds by supercritical fluid technique is difficult to control with respect to changes in final pore size and structure. In this paper, a series of poly(DL-lactic acid) ($P_{DL}LA$) and poly(DL-lactic acid-co-glycolic acid) (PLGA) polymers were employed for a detailed study of the effect of polymer composition, molecular weight and processing parameters on final scaffold characteristics.

Experimental

Materials

In this study, a series of amorphous $P_{DL}LA$ and PLGA polymers with different inherent viscosity and compositions were purchased from Boehringer Ingelheim (Resomer, Germany), Purac (Gorinchem, the Netherlands) and Lakeshore Biomaterials (Birmingham, AL, USA) in the forms of fine powder, granular or pellet, and used as received (Table 1). Weight-average molecular weights (M_w) and the polydispersity (PDI) of these polymers were measured by Gel Permeation Chromatography (GPC) (PL-120, Polymer Laboratories Ltd., Church Stretton, Shropshire, UK) with a refractive index (RI) detector. The columns (30 cm PLgel Mixed-C, two in series) were eluted by tetrahydrofuran (THF) and calibrated with narrow molecular weight distribution polystyrene standards. All calibrations and analyses were performed at 40°C with a flow rate of 1 ml/min. The glass transition temperatures (T_g) of these polymers were determined utilising a TA 2920 Differential Scanning Calorimeter (DSC). The tests were performed from -10 to 120°C, at a heating rate of 10°C/min. Food grade CO₂ was supplied by Cryoservice and used without further purification.

Scaffolds production by CO, foaming technique

130 mg of polymer was weighed into each well of a Teflon mould (12 wells with 10 mm diameter and 10 mm height, no top-lid, made in house) as described previously (Quirk et al., 2004). This mould was designed with a detachable base to allow easy removal of scaffolds after fabrication. The mould was then placed into a 60 mL clamp sealed stainless steel high-pressure autoclave (made in house) (Furno et al., 2003). The autoclave was equipped with a pressure transducer for pressure monitoring and a heating jacket with a CAL 3300 temperature controller for temperature control. HIP high pressure valves and Swagelok tubing and fittings were adopted to connect the system. A high pressure PM101 pump (New Ways of Analytics, Lörrach (Baden-Württemberg), Germany) was used to charge CO₂ into the autoclave. The vessel was heated or cooled to a desired temperature (T), and then pressurised to a certain pressure (P) over a period of filling time (FT). After the polymer/CO, mixture was maintained at the constant pressure P for a desired soaking time (ST), the vessel was then depressurised to ambient pressure over a period of venting time (VT). The three stages of the scaffold production process, i.e. filling, soaking and venting, were controlled by a backpressure regulator (BPR, Bronkhorst, the Netherlands) via a computer program. Porous scaffolds with a layer of nonporous skin and the size of approximately 10 mm diameter and 5-10 mm height were generated by this procedure. It is worth to mention that for cell seeding and drug release studies, the nonporous skin of the scaffolds should be removed by cutting with a scalpel blade.

Characterisation of scaffolds

Microscope optical images of scaffolds were captured using a Cool Snap Pro digital camera equipped with a Nikon (Kingston-upon-Thames, U.K.) AF Micro Nikkor 60 mm f/2.8D lens and interfaced through a CoolSnap Pro PCI interface card (MDS, Toronto, Canada) to a Pentium PIII 1Ghz PC. The images were acquired and processed using image analysis software (Image Pro Plus 4.5, Media Cybernetics, Bethesda, MD, USA).

Scanning Electron Microscopy (SEM) was used to determine the foam morphology of scaffolds at the cross section. A scalpel blade was used to cut the scaffold in half vertically. The sample was mounted on an aluminium stub using an adhesive carbon tab and sputter coated with gold before images were obtained using a JEOL (Tokyo, Japan) JSM-6060LV SEM machine.

Micro X-ray Computed Tomography (Micro-CT) images were obtained using a high resolution micro-CT system (μ CT 40, Scanco Medical, Bassersdorf, Switzerland). Scaffolds were mounted on a rotary stage inside the micro-CT apparatus and scanned. The scanner was set to a voltage of 55 kV and a current of 143 mA. The resulting 2-D images were used to construct 3-D images.

Results and Discussion

Visual observation of plasticisation and foaming process

A double headed clamp sealed view cell (100 ml) with a sapphire widow was used to carry out visual observations. The images were captured by a Thorlabs (Newton, NJ, USA) CCD (couple charged device) camera. A small glass vial (10 mm diameter and 10 mm height) was used as the container for the polymer sample. The production of a scaffold was carried out as described in the experimental section. When the CO₂ was charged into the vessel, a decrease of the apparent volume of the solid sample was observed, indicating that the polymer sample was plasticised into a liquid-like state, which was denser than a loose packed powder or pellet sample. This plasticsation took place rapidly (within minutes) depending on the soaking pressure employed. It occurred immediately after the pressure reached 230 bar, and within 10 minutes for a lower pressure of 50 bar. The plasticised polymer was a transparent liquefied polymer melt (Figure 1a). Upon depressurisation, the transparent swollen polymer became opaque from the top surface to the bottom of the polymer/ CO₂ mixture (Figure1b), indicating phase separation had occurred in the polymer/CO₂ mixture. A liquid and gas boundary in the sample container was clearly observed (Figure 1c) during rapid depressurisation because the

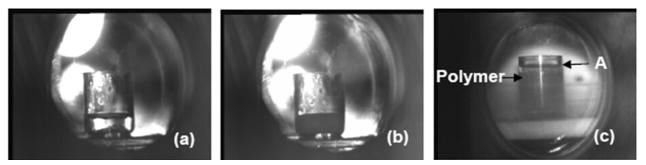


Figure 1: View cell observations: (a) plasticised polymers appeared to be transparent liquefied polymer melts; (b) plasticised polymers became opaque while venting occurred, indicating phase separation and gas nucleation; (c) phase separation observed in CO_2 fluid phase while fast venting was operated. A liquid/gas boundary (A) in the sample container was clearly observed.

		Pore Diameter ^a			
Entry	Polymers	Mean (µm)	SD ^b (µm)	– Porosity % ^c	
1	$P_{DL}LA(52K)$	580.1	154.0	78	
2	PLGA 85:15(39K)	323.9	101.3	-	
3	PLGA 85:15(77K)	199.4	46.0	70	
4	PLGA 85:15(96K)	81.9	25.4	-	
5	PLGA 75:25(72K)	70.6	16.4	72	
6	PLGA 65:35(52K)	65.1	11.1	78	
7	PLGA 65:35(81K)	49.4	11.8	-	
8	PLGA 50:50 (53K)	38.8	8.7	34	

Table 2: Pore diameter (μ m) and porosity (%) of scaffolds fabricated at T = 35°C, P = 230 bar, FT = 20 minutes, ST = 60 minutes, VT = 60 minutes.

^a Determined by SEM; ^b Standard deviation; ^c Determined by Micro CT, standard deviation ~2%.

temperature in the vessel dropped dramatically leading to a phase separation in the CO_2 fluid phase. The expansion of opaque polymers into foams was observed while venting continued.

Effect of molecular weight and chemical composition of $P_{DL}LA$ and PLGA polymers

To study the effect of molecular weight and the composition of the polymers, scaffolds were fabricated using a series of P_{DL}LA and PLGA polymers (Table 1) under the same fabrication conditions at $T = 35^{\circ}C$, P = 230bar, FT = 20 minutes, ST = 60 minutes and VT = 60minutes. The results demonstrate that the pore size of the scaffolds produced decreases with increasing molecular weight (Table 2, entries 2-4 for PLGA 85:15 and entries 6-7 for PLGA 65:35). Moreover, the pore size decreases with increasing glycolic acid content (Figure 2 and Table 2, entries 1, 3, 5, 6, 8). The SEM images of the $P_{DL}LA$ scaffolds showed more open and interconnected pore structures than for the PLGA scaffolds (Figure 2). The pore size distribution of the porous scaffolds, determined by micro CT, is much narrower for those produced from PLGA copolymers than those from $P_{DL}LA$ homopolymer. There is also a trend in the pore size distribution which becomes narrower with increasing glycolic acid content of the copolymers (Figure 3a). The porosity of P_{DI} LA and PLGA scaffolds, determined by micro CT, indicated that the scaffolds possess porosities as high as 78%; the scaffolds produced from PLGA with high glycolic acid content had a lower porosity (Table 2, entry 8). In addition, the scaffolds generated from polymers with low molecular weight, e.g. PLGA 85:15(15 KD) and PLGA 75:25(13 KD) appeared to be the most fragile of the whole set.

The critical parameters for controlling foam development in a CO_2 foaming process are the concentration of CO_2 in the polymer and the rate of CO_2 escaping from the polymer (Stafford *et al.*, 1999). These are closely related to the solubility of CO_2 in the polymers, which is dependent upon the molecular structure and morphology of the polymers. Recent studies have demonstrated that CO_2 has much lower solubility in semicrystalline polymers than in amorphous polymers due to the free volume effect (Shieh *et al.*, 1996a, Shieh *et al.*, 1996b, Oliverira *et al.*, 2006b). Oliveira *et al.* (2006a,

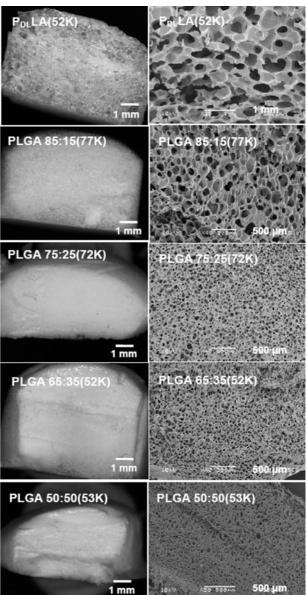


Figure 2: The effect of polymer composition on the morphology of $P_{DL}LA$ and PLGA scaffolds: Optical microscopy images are in the left column and SEM images are in the right column. Processing conditions: $T = 35^{\circ}C$, P = 230 bar, FT = 20 minutes, ST = 60 minutes, VT = 60 minutes. Note, the pore size decreases with increasing glycolic acid content from *ca*. 580 to 40 μ m (Table 3, entries 1, 3, 5, 6, 8).

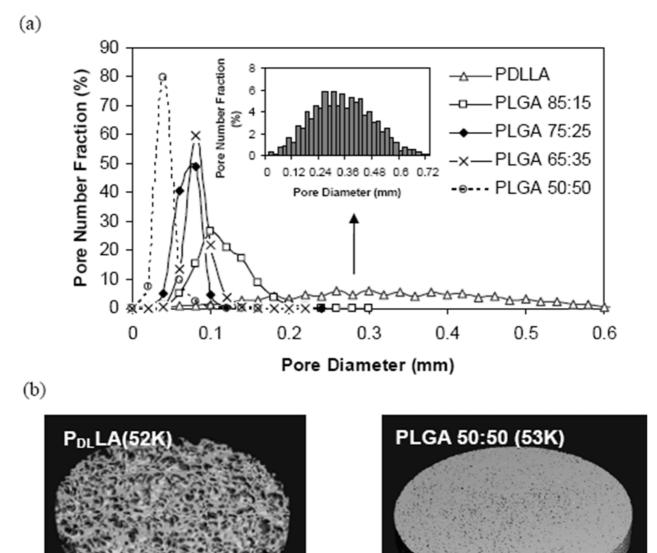


Figure 3: Scaffolds fabricated with $P_{DL}LA(52K)$, PLGA 85:15(77K), PLGA 75:25(72K), PLGA 65:35(52K), and PLGA 50:50(53K) polymers with (a) pore size distribution determined by Micro CT and (b) Micro CT 3-D images. Processing conditions: T = 35°C, P = 230 bar, FT = 20 minutes, ST = 60 minutes, VT = 60 minutes.

2006b) found that the L:D ratio played a dominant role in CO₂ sorption in PLA and their results indicated that CO₂ was more soluble in PLA 80:20 (amorphous) than in PLA 98:2 (semi-crystalline). Therefore, CO₂ should have lower solubility in crystalline poly(L-lactic acid) (PLLA) than in the amorphous $P_{DL}LA$ (L:D ratio 50:50) used in this study. Nalawade et al. (2006) reported that polymers with ether groups displayed stronger interactions with CO₂ than polyesters. The affinity of CO, with polyesters is largely due to the interaction of CO₂ molecules with the carbonyl group on the polymer chains (Kazarian et al., 1996, Liu et al., 2007). It was found that the solubility of CO₂ in PLGA copolymers decreased with the increase in the glycolic acid content (Liu et al., 2007). To compare LA and GA molecular structures, it shows that LA possesses an extra methyl group which could lead to at least two-opposing consequences. One is to increase the steric hindrance and then lower the interaction between the carbonyl group and the CO₂ molecules, whereas the other one is to increase the available free volume in the matrix due to the steric effect. It was hypothesized that the latter factor plays a dominant role in determining the CO₂ behaviour in PLGA (Liu et al., 2007), leading to a higher solubility for PLGA with a high LA content. Moreover, as a result of the viscosity dependence, the molecular weight and polydispersity of the polymer should influence the structure of the foam developed. During the polymer expansions followed by the depressurization, the long chains (high molecular weight) entangle to lock CO₂ in; whereas the short chains (low molecular weight) allow easier escape of CO₂ from the polymer, therefore promote rapid pore growth leading to larger pores and the fragile structure.

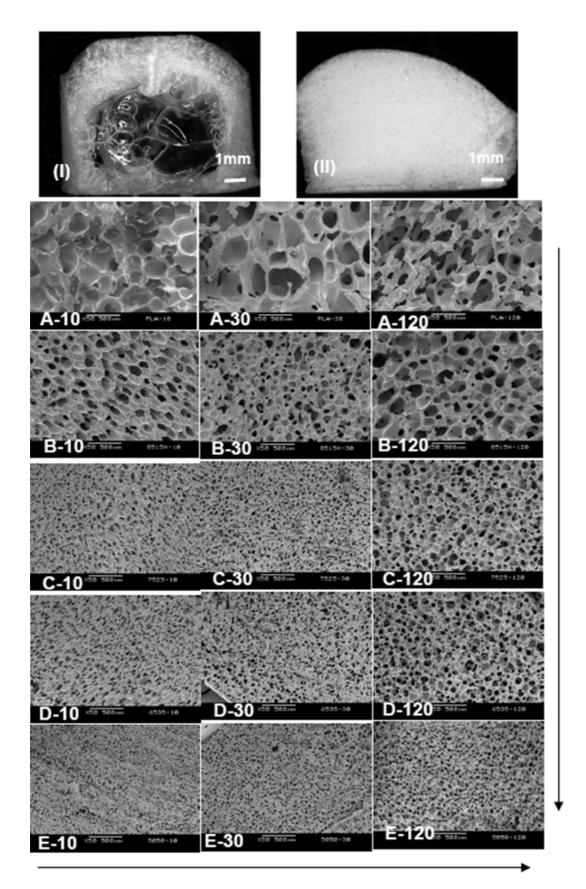


Figure 4: SEM and optical microscopy images for $P_{DL}LA$ and PLGA scaffolds fabricated at different venting rate (VT = 10, 30, 120 minutes). Other processing conditions: T = 35°C, P = 230 bar, FT = 20 minutes, ST = 60 minutes. A: $P_{DL}LA(52K)$; B: PLGA 85:15(77K); C: PLGA 75:25(72K); D: PLGA 65:35(52K); E: PLGA 50:50(53K). Note, at fast venting (2 minutes), non-uniform large pores were generated (I); at slow venting (120 minutes), uniform and more open pores were generated (II). In addition, the pore size decreases from A to E (indicating by the vertical arrow), and increases with venting time from 10 to 120 minutes (indicating by the horizontal arrow). Scale bar for all SEM images is 500 µm.

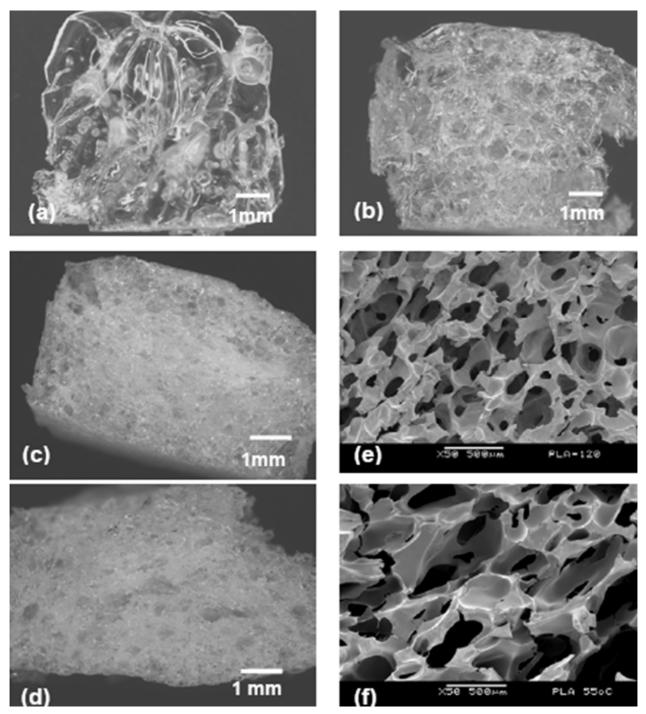


Figure 5: Images obtained by optical microscopy (a-d) and SEM (e,f) for $P_{DL}LA(52K)$ scaffolds fabricated at different temperatures with (a) 5 °C; (b) 25 °C; (c,e) 35 °C; (d,f) 55 °C. Processing conditions: P = 230 bar, FT = 20 minutes, ST = 60 minutes, VT = 120 minutes. Scale bar for SEM images is 500 µm.

Effect of processing conditions on the morphology of $P_{_{\rm DL}}LA$ and PLGA scaffolds

It is well known that the solubility of CO_2 in polymers, the viscosity of swollen polymer, the nucleation density and the rate at which the CO_2 diffuses from the matrix to the growing pores are all dependent upon the processing conditions, *e.g.* temperature, pressure, pressure drop, and depressurisation rate (Arora *et al.*, 1998; Goel and Beckman, 1994a, 1994b; Sproule *et al.*, 2004; Stafford *et al.*, 1999). Therefore, the resulting foam structures can be controlled by manipulating these processing conditions. In this work, five polymer samples with similar molecular

weight *ca.* 50 – 80 KD but different compositions, *i.e.* $P_{\rm DL}LA(52K)$, PLGA 85:15(77K), PLGA 75:25(72K), PLGA 65:35(52K), and PLGA 50:50(53K), were employed to study the effect of these parameters on the foam structures.

Effect of depressurisation rate. A series of experiments were carried out in which the rate of depressurisation was varied while holding the soaking conditions constant at 35°C and 230 bar for 1 hour. When depressurisation occurred rapidly at 2 and 5 minutes, the scaffolds typically displayed a non-uniform structure (Figure 4I) caused by temperature drop and phase

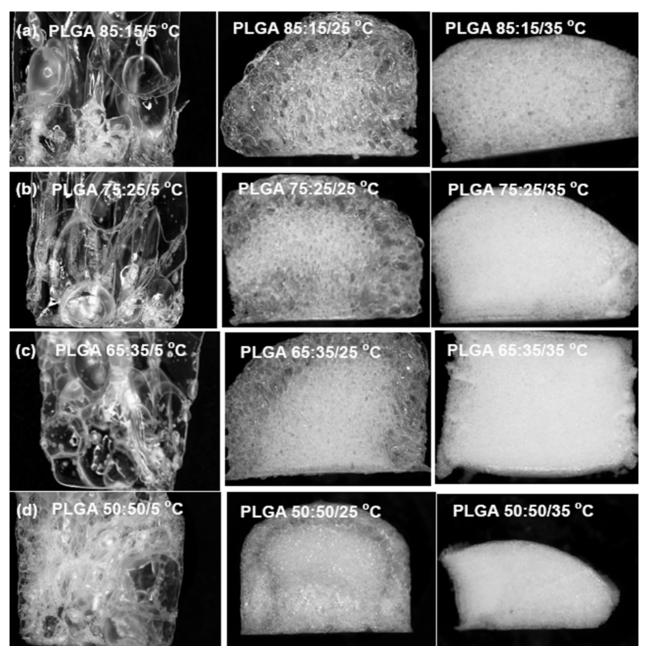


Figure 6: Optical microscopy images for PLGA scaffolds prepared at 5, 25, and 35°C. (a) PLGA 85:15(77K); (b) PLGA 75:25(72K); (c) PLGA 65:35(52K); (d) PLGA 50:50(53K). Fabrication conditions: P = 230 bar, FT = 20 minutes, ST = 60 minutes, VT = 120 minutes. The diameter of the scaffolds is *ca*. 10 mm.

separation of the system as discussed in the visual observation section. This contrasts with the uniform porous structures obtained by the well controlled slow venting process (Figure 4II). The rate of CO₂ release and the polymer relaxation are interdependent. A greater pressure drop rate resulted in higher supersaturation, leading to a greater nucleation rate. Decreasing the venting rate to 120 minutes permits the nucleation sites to grow into larger pores, whilst also allowing the pores to coalesce into more open structures (Figure 4, A-120, B-120, C-120, D-120, E-120) than those where depressurisation was more rapid, *i.e.* 10 minutes (Figure 4, A-10, B-10, C-10, D-10, E-10) and 30 minutes (Figure 4, A-30, B-30, C-30, D-30, E-30). These data agree with the published PMMA/CO₂ (Goel and Beckman, 1994a, 1994b; Sproule et al., 2004) and PS/CO₂ systems (Arora et al., 1998).

Effect of soaking temperature. Experiments varying the foaming temperature, while holding other variables constant, show that the temperatures below supercritical point (5 and 25°C) produce scaffolds with large and nonuniform pores from both P_{DL}LA homopolymers (Figure 5) and PLGA copolymers (Figure 6). At the temperatures above the supercritical point (35 and 55 °C), uniform pores were formed. In addition, a higher temperature (55°C) led to larger and more open pores than a lower temperature (35°C) (Figure 7), which is in agreement with the PS/CO₂ system (Arora et al., 1998). The solubility of CO₂ in the polymers increases with decreasing temperature at a constant pressure because of the increase of CO₂ density. However, the diffusion rate of CO₂ in the polymers is low at a low temperature. Therefore, it is hypothesised that CO2 might not be distributed uniformly throughout the

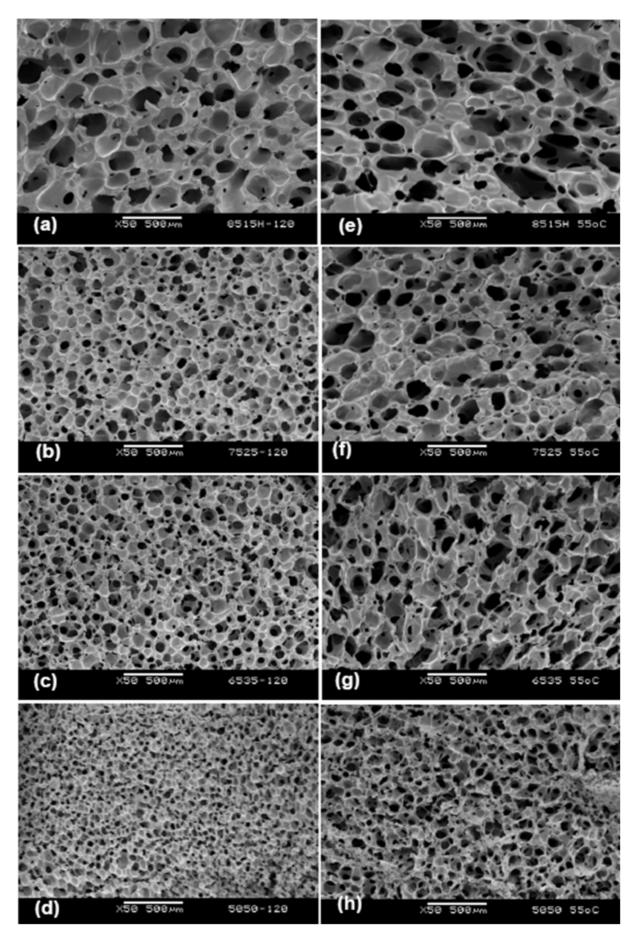


Figure 7: SEM images for PLGA scaffolds produced at 35°C (a-d) and 55°C (e-h) (a,e): PLGA 85:15(77K); (b,f): PLGA 75:25(72K); (c,g): PLGA 65:35(52K); (d,h) PLGA 50:50(53K). Note, larger pores were formed at 55°C than those at 35°C. Scale bar for all SEM images is 500 μ m.

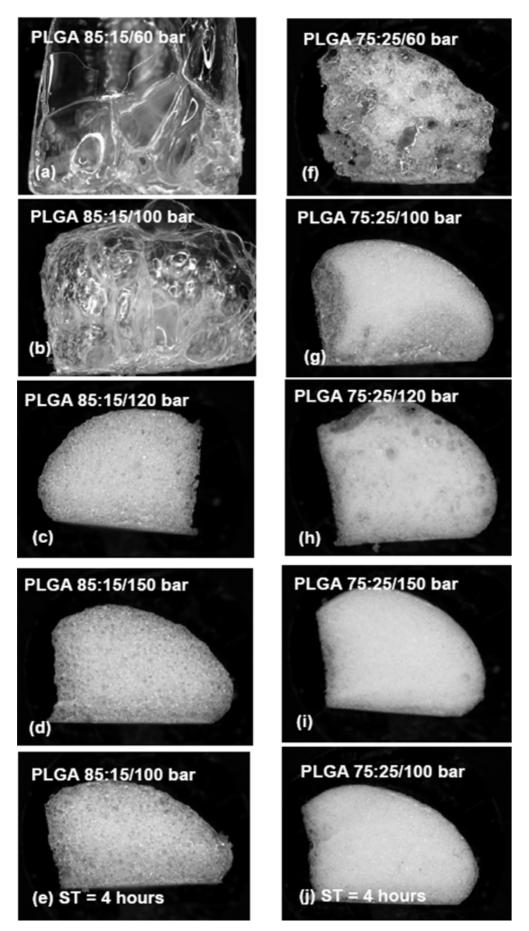


Figure 8: Optical microscopy images for PLGA 85:15(77K) (a-e) and PLGA 75:25 (72K) (f-j) scaffolds fabricated at different pressures (P) with (a,f): 60 bar; (b,g): 100 bar; (c,h): 120 bar; (d,i): 150 bar. Processing conditions: $T = 35^{\circ}$ C, FT = 20 minutes, ST = 60 minutes, VT = 120 minutes. (e,j): P = 100 bar, ST= 4 hours, T = 35^{\circ}C, FT = 20 minutes.

swollen polymers within the soaking time (1 hour) at low temperatures. A CO₂ concentration gradient might exist, *i.e.* high CO₂ concentration regions close to the interface with CO₂. Whilst venting occurs, some regions may have been supersaturated earlier than others, leading to nonuniform nucleation sites. Also, at low temperatures, phase separation of CO₂ occurs while venting. The combination of these effects may have led to non-uniform pores at low temperatures. Moreover, this also confirms that CO₂ can depress the T_a of these biomaterials to well below body temperature (5° C). It is known that the diffusion coefficient of the swollen polymer increases with temperature, thus the time required to reach equilibrium decreases with temperature (Royer et al., 1999). Under high temperatures, the CO₂ was uniformly distributed in the swollen polymers and there was no phase separation while venting. In addition, a higher diffusion rate of CO₂ at 55°C allowed the pores to grow larger than those at 35°C, as can be seen in Figure 7.

Effect of soaking pressure. The effect of the soaking pressure (60, 100, 120 and 150 bar) on the foam structure was studied at a constant temperature of 35°C and the same conditions for filling, soaking and venting (FT = 20)minutes, ST = 60 minutes, VT = 120 minutes). Two PLGA copolymers, PLGA 85:15 (77K) (pellet) and PLGA 75:25 (72K) (fine powder), were utilised. The images in Figure 8 show that the pore size of the scaffolds decreased with increasing soaking pressure (a to d for PLGA 85:15, f to i for PLGA 75:25). Singh et al. (2004) found the diffusion coefficient and equilibrium concentration of CO₂ in PLGA increased with increasing pressure in an approximately linear relationship. Also, higher pressure was found to increase the dissolution of CO₂ and, as a consequence, the T was found to decrease more (Shieh et al., 1996b). Therefore, at a higher pressure, the amount of CO, incorporated into the polymers is greater, and hence the substrate is more highly supersaturated upon release of the pressure. These greater super saturation pressures lead to higher nucleation densities and hence smaller pores.

Effect of soaking time. To study the effect of soaking time on scaffold formation, the scaffolds were fabricated using a pellet sample PLGA 85:15 (Figure 8e) and a powder sample PLGA 75:25 (Figure 8j) at a pressure of 100 bar and a soaking time of 4 hours; other processing conditions remained constant as those used during the 1 hour soak, *i.e.* $T = 35^{\circ}C$, FT = 20 minutes and VT = 120minutes. Compared to the scaffolds produced with a shorter soaking time (1 hour) (Figure 8b,g), the scaffolds produced after a longer soaking time clearly show a tight distribution of smaller pores rather than the broader distribution of large pores. As discussed in the previous section, CO, might not be distributed uniformly throughout the swollen polymers within a short soaking time (1 hour) at low pressures, which may lead to a CO₂ concentration which is higher at the region close to the interface with CO₂ than inside the bulk of the polymer. However, a longer soaking time allows CO₂ to more efficiently diffuse into the polymers and distribute uniformly, leading to more uniform porous scaffolds after venting (Figure 8e, j). Moreover, the equilibrium time required also depends on the nature

of the sample, i.e. sample size and sample form based upon the surface area/volume ratio (Shieh *et al.*, 1996a). Shorter equilibrium times are needed for the powder sample (Figure 8, PLGA 75:25) than the pellet sample (Figure 8, PLGA 85:15).

Conclusions

The pore size and structure of the P_{DL} LA and PLGA porous scaffolds produced using scCO, can be tailored by altering the processing conditions. A higher pressure and a longer soaking time allowed more CO, molecules to diffuse into the polymer matrix, leading to a higher nucleation density and hence the production of smaller pores. Higher temperatures produced foams with larger pores because increased diffusion rates facilitated pore growth. In addition, reducing the rate of depressurisation allowed a longer period for pore growth and therefore larger pores were formed than with rapid depressurisation. The pore size of scaffolds also decreased with increasing glycolic acid content in the PLGA copolymers. This knowledge empowers the definition of processing conditions to tailor the pore size and structure of scaffolds for potential application as controlled release devices for growth factor delivery in Tissue Engineering.

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Discussion with Reviewers

J. Darr: Why did you select this pressure and temperature range for your experiments?

Authors: The temperature range for our experiments (5- 55° C) is selected to be close to ambient temperature in order to limit denaturation of the incorporated bioactives. The determination of the pressure range for our experiments is based on our previous published results. It was found that the use of a high pressure (170-230 bar) can dramatically reduce the prolonged soaking time to 2 hours and produce scaffolds with desired pore size and porosity. However, there is no doubt that using a lower processing pressure is more attractive from both a practical and an economical point of view. Therefore, we selected 230 bar as the highest pressure for our experiments, while the lowest pressure (60 bar) was chosen as a point below the CO₂ critical pressure (73.8 bar).

J. Darr: Does it make any difference to pore sizes/ distributions if it is above the critical point?

Authors: The key in a gas foaming process is pore nucleation and growth, which determines the final porous structure (pore size/distribution, porosity, and interconnectivity). This pore nucleation and growth are mainly influenced by the amount of CO_2 dissolved in the polymer, and the rate of CO_2 diffusing within and escaping from the polymer. The sc CO_2 has a higher density than gaseous CO_2 and a higher diffusivity than liquid CO_2 . Therefore, it certainly does affect the formation of a porous structure if it is above or below the critical point. However, the final porous structures of the resultant scaffolds are influenced by many fabrication conditions as well as pressure and temperature, such as soaking time and venting rate and type of polymer.

J. Darr: Did you look at any other molecular weights for the polymers and how would this affect pore sizes etc? **Authors**: Yes. We have investigated the effect of molecular weight on morphology of $P_{\rm DL}$ LA scaffolds. The results will be reported in a follow-up paper, which is in the final stage of drafting.

J. Darr: How does porosity affect drug release from these materials?

Authors: The pore structure of scaffolds, including pore size, porosity and interconnectivity, strongly influences cell growth behaviour and drug release profile. A high porosity and interconnectivity within scaffolds could enhance drug release from the matrix. Our research group has reported the studies on BMP-2 growth factor release (Yang *et al.*, 2004) and cell growth behaviour using $P_{DL}LA$ scaffolds produced by this scCO₂ foaming technique. The research on using PLGA scaffolds for growth factor release is currently on-going at Nottingham.

P. Layrolle: The authors mentioned several times the solubility of $scCO_2$ into the polymers. Is $scCO_2$ fluid not a solvent for polymers? Then, the solubility of polymers into $scCO_2$ should be considered. Please comment.

Authors: PLA and PLGA polymers have negligible solubility in $scCO_2$ under the conditions employed in this research. Indeed, others (Conway *et al.*, 2001) have shown that to solubilise even low molecular weight PLA in $scCO_2$ requires extremely forcing conditions.

P. Layrolle: It was found that high pressure and long soaking times increased the diffusion of $scCO_2$ into the polymer matrix leading to numerous nucleation sites and thus, produced numerous small pores. Where the nucleation of CO_2 gas takes place in the polymer matrix? Does the nucleation sites relate to the chemistry or chain length of polymers?

Authors: The number of nucleation sites is determined by the concentration and the solubility of CO_2 in the polymers, as well as the rate of depressurization. Due to depressurization, the polymer/ CO_2 mixture reaches saturation, at which the CO_2 starts escaping from the polymer as gas. This phase separation results in the nucleation, which takes place at the interface of polymer matrix and CO_2 gas phase. The nucleation sites might relate to the chemistry or chain length of polymers due to the interaction between CO_2 and the polymer. However, we don't have evidence to support this hypothesis yet.

P. Layrolle: High temperatures produce scaffolds with large pores due to high diffusion of CO_2 . Would it be possible to oscillate the system in temperature to produce

scaffolds with bimodal pore size? Bimodal pore size might be of interest for sorting cells and molecules. Please comment.

Authors: This paper has demonstrated that pore size and structure of the $P_{DL}LA$ and PLGA scaffolds can be tailored by altering processing conditions. The knowledge contributed by this research is aimed at allowing us to define the processing conditions and to tailor the pore size and structure of scaffolds for potential applications as controlled release devices for growth factor delivery. It might well be possible to produce scaffolds with bimodal pore size by a two-step venting processing either using two temperatures or perhaps two venting rates.

P. Layrolle: The pore size interconnectivity in scaffolds is extremely important for permeability of body fluids, cells and tissues. However, this parameter has not been investigated in the present study. Please comment.

Authors: The interconnectivity of scaffolds is one of the most important characteristics in terms of biological applications. SEM images can be used to demonstrate the interconnectivity of porous scaffolds qualitatively. In our paper, the SEM images have been used to demonstrate a more open and interconnected pore structure for $P_{\rm DL}LA$ scaffold than for PLGA scaffolds (Figure 2).

P. Layrolle: Liu *et al.* (2007) have shown by FTIR spectroscopy that CO_2 molecules interact with carbonyl group in polyesters. In the present study, the pore size decreased with the GA content in PLAGA polymers. The authors postulated that it may be due to an extra methyl group in GA structure leading to steric hindrance diminishing the interaction between CO_2 and carbonyl groups or that would create more free volume between chains due to a steric effect. How this possible steric hindrance could be shown? Would it possible to use molecular dynamic simulations?

Authors: We don't have expertise on molecular dynamic simulations. However, we agree with the reviewer that a fundamental study at the molecular level using molecular dynamic simulations could be a feasible approach for the illustration of steric hindrance and free volume theory.

P. Layrolle: The authors would like to use these foamed polymers for releasing growth factors. What are the growth factors that they would like to introduce? How are the growth factors loaded and where are they located in the polymers using $scCO_2$ processing? How the growth factor will be released from the polymer matrix? Is it by diffusion, degradation or cellular activity?

Authors: BMP2 growth factor is one of our major interests. It can be loaded easily by mixing with the powdered polymer in the mould, and then the polymer loaded mould is placed in the high pressure autoclave for plasticization and foaming using CO_2 under defined conditions. The growth factor is encapsulated within the polymer matrix and released from the matrix by both diffusion and degradation. Many more details of this process and the *in vivo* data we have obtained can be seen in our joint publications with collaborator Professor R.O.C. Oreffo (University of Southampton).

P. Layrolle: I would be happy to see some release experiments using growth factor or the behaviour of cells into these porous scaffolds.

Authors: Our research group has reported studies on growth factor release and cell growth behaviour using P_{DI} LA scaffolds produced by scCO₂ foaming. This includes BMP-2 growth factor delivery (Yang et al., 2004), where bone formation was observed due to the release of the osteoinductive protein BMP-2 from P_{DI}LA scaffolds both in vitro and in vivo (Yang et al., 2004; Yang et al., 2006). These scaffolds have also been used to study adenoviral gene transfer into primary human bone marrow osteoprogenitor cells (Partridge et al., 2002; Howard et al., 2002). Very recently, polyamidoamine (PAA)/DNA complexes have been incorporated into supercritical P_{DI}LA scaffolds; these exhibited a slow release and extended gene expression profile (Heyde et al., 2007). The study of growth factor release using PLGA scaffolds is currently on-going in our research group.

T. Buckland: Please justify use of μ CT and the lack of standard deviations for total porosity measurements given the importance of this parameter to biological performance. **Authors**: Our experimental results indicate a reproducible 2-3 % of standard deviation on porosity evaluations by using μ CT technique. μ CT is a powerful technique for the evaluation of porosity by using 3-D construction; by contrast, SEM technique only allows 2-D image analysis. The standard deviation of porosity obtained by μ CT has been added in the revised manuscript (Table 2).

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